



**The Seminars of Master
Jeffrey Yuen**

2023 Edition - in presence



The Seminars of Master Jeffrey Yuen

May 5, 6, 7, 2023 - in presence

Friday May 5, 2023

Spirituality in ancient Shaman Alchemic Medicine: meditation practice

Saturday May 6, 2023

The Art of Healing through the Teachings of Ma Dayang

Sunday May 7, 2023

The Study of Triple Heater/Energizer Meridian

Jeffrey Yuen's Seminars 2023

From 1998, Xin Shu is the only Institution authorized to deliver the Seminars of Master Jeffrey Yuen in Italy.

Jeffrey C. Yuen is a Daoist priest, one of the world's leading experts in **Chinese Medicine**.

He belongs to the 88th *Yu Qing Huang Lao Pai* generation (Jade Purity Yellow Emperor Laozi School), and the 26th generation of the *Quan Zhen Long Men Pai* School (Complete Reality School Dragon Gate School), Jeffrey Yuen has been designated by his adoptive grandfather, *Yu Wen*, as his **spiritual heir**, the continuer of an ancient oral tradition.

An outstanding expert in Classical Chinese Medicine, Chinese Herbal Medicine and Martial Arts, Master Yuen chose Xin Shu as the Italian partner for the transmission of his great knowledge and vast understanding.

With great joy, we present the 2023 edition of the Seminars of Master Jeffrey Yuen, finally delivered in presence in Rome and dedicated to these three topics:

- "**Spirituality** in ancient Shaman Alchemic Medicine: **meditation practice**".
- "The Art of Healing through **the Teachings of Ma Dayang**".
- "The Study of **Triple Heater/Energizer Meridian**".

We are looking forward to finally meet you face-to-face.

A warm greeting.

Rosa Brotzu
President of Xin Shu APS

Programme

Three days Seminars in Rome, with Jeffrey Yuen.
A unique opportunity to meet the great Taoist Master.

Seminars are held in English, with consecutive Italian translation by Giulia Boschi.

Friday May 5, 2023 - 10:00 a.m. to 6:00 p.m.

Spirituality in ancient Shaman Alchemic Medicine: meditation practice

In the millennial Chinese medical culture, the study of the spiritual, "subtle" aspect of the individual has always had a relevant place in **understanding the state of health or disease**.

Classical Chinese medicine investigates and provides useful tools for understanding the triadic body-mind-spirit relationship while emphasizing that the state of health and healing itself are closely linked to the spiritual evolution of each individual.

Certainly, **the spirituality and its cultivation** is a rather complex and mysterious area, because it is intrinsically esoteric; reserved for a few followers and, from the beginning, directly transmitted from Master to disciple.

In this seminar, Master Jeffrey Yuen will lead us by the hand into the maze of ancient Chinese medicine, he will help us to find our way in the Taoist spiritual medicine drawing from his personal lineage in **the shamanic and alchemical tradition** of which he is an illustrious exponent. He will help us, also thanks to **meditation**, to cultivate our spirit in order to help us rediscover, in our search for well-being and longevity, the primaeva harmony between the energies of heaven and earth of which we are part

The Seminars of Master Jeffrey Yuen - 2023

Saturday May 6, 2023 - 10:00 a.m. to 6:00 p.m.

The Art of Healing through the Teachings of Ma Dayang

Born in the Shandong Peninsula under the Jurchen domination of northern China during the Song Dynasty (960-1279), Ma Danyang, (1123-1183 A.D.) belongs to the Taoist school of Complete Reality Dragon Gate Quanzhen Longmenpai, of whom Master Jeffrey Yuen represents the 28th generation.

Ma Danyang is certainly one of the fundamental references for the knowledge of the **ancient alchemical practice of Taoist medicine**. He drew on religious rituals to turn them into acupuncture and point treatment techniques. He studied the positions of the body with respect to the sky to activate the alchemical healing mechanism.

The work with the patient is a ritual in which the symbolic movements coincide with the energetic movements.

The **ritual acupuncture** proposed by Ma Danyang is based on the orientation of the body in space to meet the energy of the stars. He is, in fact, famous for having identified, on the basis of his clinical experience, a series of points called **"Ma Danyang star points"** (*Ma dānyáng tiānxīng xué*). Initially, it was nine points, a sacred number for Taoists, then they were increased to 12 points, in relation to the 12 meridians, as reported in the version preserved inside the *Bianque shenyong zhenjiu yulong jing* (Jade dragon acupuncture classic according to the spiritual resonance of Bianque, also known by the abbreviated name Ode of the Jade Dragon) published in 1329.

In Ma Danyang's vision the body is sacred and it can be made more receptive to therapy depending on its position before treatment with needles, tuina or qigong. Thus, a certain position determines **a specific relationship with Heaven**, from which the qi capable of causing an alchemical change, useful for the state of well-being and fundamental for healing, will descend.

Sunday May 7, 2023 - 10:00 a.m. to 6:00 p.m.

The Study of Triple Heater/Energizer Meridian

The Seminar of Master Jeffrey Yuen is dedicated to the study of the Triple Heater/Energizer Meridian (*shou shaoyang*), going in-depth into the meaning of the points in Classical Chinese Medicine, with references to the use of the same points in the most modern TCM.

The main Triple Heater Meridian, belonging to the lodge of the **minister Fire**, regulates (along with the meridian of the Pericardium) since birth the dissemination of *jing*-essence transformed into *yuanqi* throughout the network of meridians.

For this fundamental function, it is said that the Triple Heater is the emissary of the Kidneys. The *jing* of the Kidneys expands to *mingmen* transforming itself into *yuanqi*. From here thanks to the action of the Triple Heater it rises upwards and it travels to the extraordinary meridian *dumai*. The *yuanqi* then proceeds in the direction of the back *shu* points and subsequently will be conducted in the main meridians, arriving at the *yuan*-source points. The preponderance of *qi* reaches the different organs/meridians, giving rise to different constitutions.

For this reason, Classical Chinese Medicine considers **the functions of the Triple Heater** as fundamental to define the constant interaction between the deep constitution of every single person and the modulation of expressions according to the stimuli and experiences of life.

The Triple Heater represents the function that allows you to **find your essence**, your sense of life, and to be able to express yourself in an authentic and individual way.

Master Jeffrey Yuen will make particular reference to the energetic function of the various points, to the possible combinations and **therapeutic strategies** to be used in clinical practice.

Participation

Register to the Seminars in Rome.

The Seminars of Master Jeffrey Yuen are entirely delivered in presence, in Rome. There is no live-streaming remote connection.

Participation Fees

You can register to the Seminars of Master Jeffrey Yuen, attending one single seminar or multiple days. See the Participation Fees per person, as detailed in the following table.

Participation	Fee
May 5: Spirituality in ancient Shaman Alchemic Medicine	€ 190*
May 6 and 7: The Art of Healing through the Teachings of Ma Dayang + The Study of Triple Heater/Energizer Meridian	€ 320*
May 5, 6 and 7: Spirituality in ancient Shaman Alchemic Medicine + The Art of Healing through the Teachings of Ma Dayang + The Study of Triple Heater/Energizer Meridian	€ 420*

* Participation Fees include the Annual Social Membership Fee of € 15.

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